

Loving Life

More

A retreat starting Friday 30th July 2010 for 3 nights at Vajrasana, Walsham le Willows, Suffolk.

Booking form

Name

Address

Postcode

Email

Telephone Daytime

Evening

Mobile

Special Requirements (we will try to accommodate special requirements, but this may not be possible. We will contact you to let you know) Health issues, disabled access etc.

Have you been taught the Mindfulness of Breathing and the Metta Bhavana? Yes No (please circle)

Transport

I can offer a lift to the retreat From

No of passengers

I would like a lift to the retreat From

(we will try to connect people to help with transport, but it may not be possible to organise a lift for you)

Payment details; cost of retreat £155

I enclose a cheque payable to I. D. Dixon for **£30 deposit** (non refundable)

The final amount is due on or before the 18 of June 2010.

or **if after 18th June 2010** please send the full amount of **£155** **Send to** Danapriya, 12 South Goodwins Court, The Marina, Deal CT14 6NR.

Signature

Date

All enquiries: mail@danapriya.org - 01304 379779 - 07905620115
"<http://www.danapriya.org/>"